## **Freedom Group Covenant**

#### **Purpose**

To provide a predictable environment where participants pursue healthy relationships and spiritual growth - to live in true Freedom!

#### Values and Goals

#### **Authenticity**

The atmosphere should encourage openness and transparency among members. This is an environment where people should feel comfortable being themselves.

### Confidentiality

For authenticity to occur, members must be able to trust that issues discussed within the group will never be shared outside of the group.

#### Respect

Group members should never say anything that will embarrass their spouse or other members of the group.

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