

# Freedom Leaders Resources

## Calvary Chapel Scripture Reference Guide

**Suicide Prevention Lifeline:** 988 (three digit code)

**Mobile Crisis: Wellness Check:** 954-463-0911

**Non-Emergency:** 954-764-HELP (4357)

## **Resources Listed By Topic:**

### **Abuse**

- [Trees of Hope](#) Contact: [954-553-2416](tel:954-553-2416)
- [Calvary Chapel Biblical Counseling](#)  
Contact: [MeredithC@CalvaryFTL.org](mailto:MeredithC@CalvaryFTL.org)
- *Redeeming Heartache: How Past Suffering Reveals Our True Calling* by Cathy Loerzel and Dan Allender
- *The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse*, by Dr D B Allender
- *To Be Told: Know Your Story, Shape Your Future*, By: Dan B. Allender Ph.D.
- *Healing the Broken Places: For Women Healing from Domestic Abuse* – Dr. Kate Johnson, LMHC (Biblically-based workbook)

### **Anxiety/Depression**

- *It Is Well: Study on Anxiety* by Sarah Morrison
- *Unmasking Anxiety by Honor Weber* – YouTube videos
- *Out of the Cave: Stepping into the Light when Depression Darkens what you see* – Chris Hodges
- *Transforming Your Thought Life: Christian Meditation in Focus* by Sarah Geringer

### **Chemical / Alcohol**

- *When A Family Is In Trouble, Grief from Drug & Alcohol addiction* (for children 6-12years) by Marge Heegaard
- *Bondage Breaker* by Neil T Anderson
- *Breaking Free*
- *Freedom from Addiction: Breaking the Bondage of Addiction and Finding Freedom in Christ* by Neil T Anderson
- *Christian Families in Recovery – A guide to addiction* by Stephanie Tucker, Robert Tucker

## Childhood Trauma

- *Changes that Heal* by Dr. Henry Cloud
- *Suffering and the Heart of God: How Trauma Destroys and Christ Restores* by Diane Laingberg
- *Redeeming Heartache: How Past Suffering Reveals Our True Calling* by Dr. Dan Allender and Cathy Loerzel, MA

## Grief/Loss

- *Miscarriage, Stillbirth and Infant Death: Empty Arms* by Sherokee Ilse
- *When Someone Very Special Dies* (for children 6–12 years) by Marge Heegaard
- *Forgiven and Set Free* (abortion) by Linda Cochrane
- *I'll Hold You Heaven* by Jack W. Hayford
- *Recovering from Losses in Life* by H. Norman Wright
- *Quiet Times For Those Who Grieve: Hope and Healing for Your Heart* by H. Norman Wright

## Marriage Resources

- [The Gospel Centered Family by Paul Tripp](#)
- *Sacred Marriage* by Gary Thomas
- *5 Love Languages* by Gary Chapman
- [Winshape](#)
- [Focus on the Family](#)
- *Now You're speaking my Language: Honest Communication and Deeper Intimacy for a Stronger Marriage* by Gary Chapman

## Parenting

- [The Gospel Centered Family by Paul Tripp](#)
- *The 5 Love Languages of Children: The Secret to Loving Children Effectively* by Gary Chapman
- *Doing Life With Your Adult Children*, by Jim Burns
- *A Teen's Guide to the 5 Love Languages: How to Understand Yourself and Improve Relationships with Those You Care About* by Gary Chapman

## Porn/Sexual Integrity

- *Passions Of The Heart* by John D Street
- [Pure Life Ministries](#)
- *The Game Plan* (Men) by Joe Dallas
- *Wired for Intimacy* by William M. Struthers

## **Suicide**

[Guidelines for a suicide call or counseling](#)

## **Workplace Issues**

- *Peacemaker* by Ken Sande
- *The Five Dysfunctions Of A Team* by Patrick M. Lencioni
- *Boundaries* by Henry Cloud, John Townsend
- *Spiritual Leadership* by Henry Blackaby and Richard Blackaby
- *Tale of Three Kings* by Gene Edwards
- *Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry* by Ruth Haley Barton

## **Inspirational**

- *Chazown* by Craig Groeschel
- *To Be Told* by Dan Allender

## **Counseling**

[Sheridan House](#) – Contact: [954-880-9595](#)

[Spanish River](#) – Contact: [561-241-9014](#)

[Living Water: Dr. Norman Wise](#) – Contact: [954-726-2302](#)

[AP Family Counseling: Eddie Archer](#) – Contact: [954-716-9138](#)

[Hope Counseling](#) – Contact: [561-629-9918](#)

Ahava Christian Counseling and Services: Dr. Emilia Arnaud – Contact: [954-899-3979](#)

## **Parachurch Ministries**

[Trees of Hope](#) – Contact: [954-553-2416](#)

[Juli Slattey: Authentic Intimacy](#)

[Christopher Yuan](#)

[Life Essentials Program](#)